

# **Parents of Preschoolers Program**

A support and information group for Naugatuck Parents with children aged three to five

## **Who is the Parents of Preschoolers for?**

The Program is for Naugatuck parents of preschoolers aged three to five years old, who are looking for information on child development and who are interested in sharing information and support with other parents.

## **Who runs the Parents of Preschoolers Program?**

The program is facilitated by caring parents who have experienced the preschool years. The program is sponsored by, Family Services of Greater Waterbury, Inc and is funded by The Children's Trust Fund.

## **When and where will the program meet?**

The groups meet weekly, on Tuesday and Wednesday nights at the Naugatuck YMCA from 6:00 to 7:30. A Child care group is provided for the preschool aged child and their siblings. There is also snack and juice provided.

## **What does the program have to offer?**

### **The program offers information on:**

- Positive discipline
- Child development
- School readiness
- Parent / child relationships

### **Along with:**

- Field trips
- Crafts
- Holiday activities
- Guest speakers

## **Some of the curriculums used for the program are:**

- The Nurturing Families Program
- The Boys and Girls Town Model
- STEPS Parenting (Systematic Training for Effective Parenting)

**If you are interested, or want to register, please call Dawn @  
(203) 720-3375 or (203) 756-8317**